


I knew something was wrong.
I wasn't sure what to say, so I asked



"Hi, where
can I get a
coffee?"

And that's all it took

If you think someone might need help, trust your instincts and start a conversation. You could save a life. If you don't feel comfortable speaking to the person yourself, find a member of staff or police officer. In an emergency, call 999.

Find out more at samaritans.org/smalltalksaveslives

#SmallTalkSavesLives

A registered charity



in partnership with



I could tell something was wrong. I wanted to check they were okay, so I said

"Hello,
what's
the time
please?"

...

And that's all it took

If you think someone might need help, trust your instincts and start a conversation. You could save a life. If you don't feel comfortable speaking to the person yourself, find a member of staff or police officer. In an emergency, call 999.

Find out more at samaritans.org/smalltalksaveslives

#SmallTalkSavesLives

A registered charity



in partnership with



I knew something was wrong.
I wasn't sure what to say, so I asked



And that's all it took

If you think someone might need help, trust your instincts and start a conversation. You could save a life. If you don't feel comfortable speaking to the person yourself, find a member of staff or police officer. In an emergency, call 999.

Find out more at samaritans.org/smalltalksaveslives

#SmallTalkSavesLives

A registered charity



in partnership with

