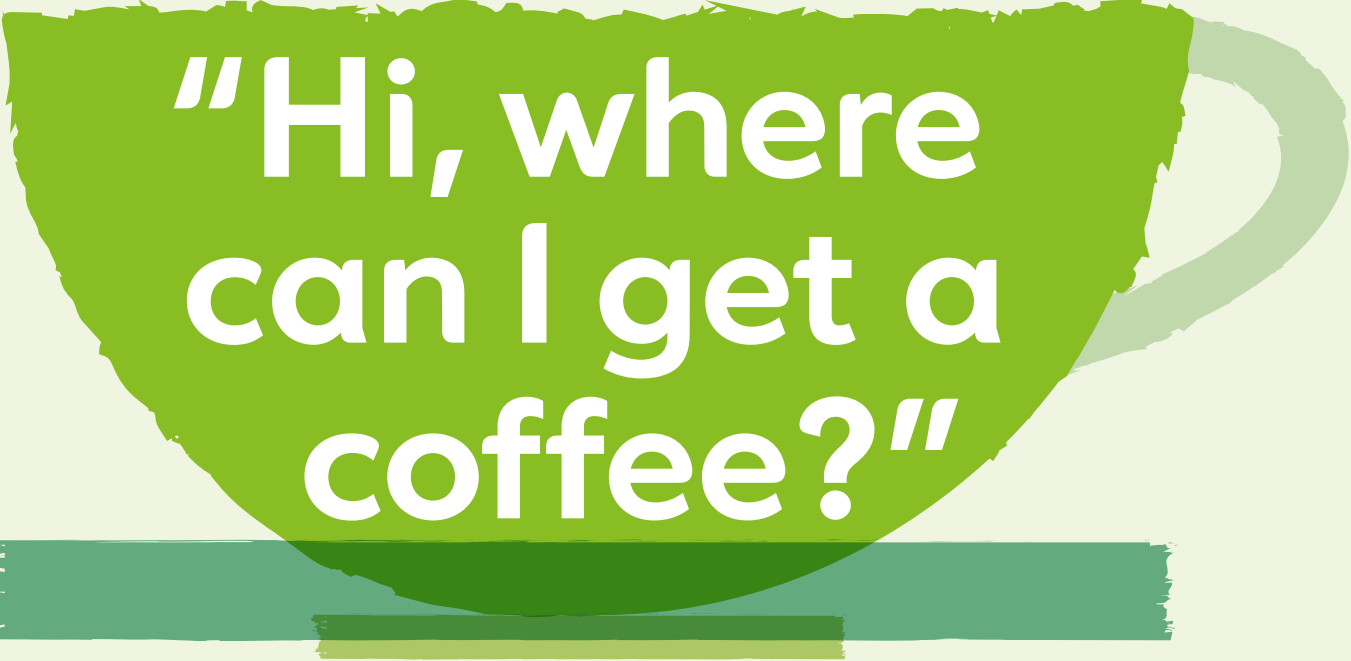


I knew something was
wrong. I wasn't sure what
to say, so I asked



**"Hi, where
can I get a
coffee?"**

And that's all it took

**If you think someone might need
help, trust your instincts and start
a conversation. You could save a life.**

If you don't feel comfortable speaking to
the person yourself, find a member of staff
or police officer. In an emergency, call 999.

Find out more at
samaritans.org/smalltalksaveslives

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I could tell something was wrong. I wanted to check they were okay, so I said

**"Hello,
what's
the time
please?"**

And that's all it took

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