



A greener future *one train journey at a time*

Choosing the train instead of the car will cut your carbon footprint by up to two thirds.

Based on emissions from a petrol or diesel car travelling between Glasgow-London vs a train.
Full calculation: nationalrail.co.uk/greener.





Cleaner air *one train journey at a time*

Just one train can take up to
500 cars off the road, improving
air quality in our communities.

Based on total train seats on a 9-carriage Class 800 divided by the average car/van occupancy rate.
Full calculation: nationalrail.co.uk/greener.

