

# A greener future *one train journey at a time*

Choosing the train instead of  
the car will cut your carbon  
footprint by up to two thirds.



Based on emissions from a petrol or diesel car travelling between Glasgow-London vs a train.  
Full calculation: [nationalrail.co.uk/greener](https://nationalrail.co.uk/greener).



# Cleaner air *one train journey at a time*

Just one train can take up to  
500 cars off the road, improving  
air quality in our communities.



Based on total train seats on a 9-carriage Class 800 divided by the average car/van occupancy rate.  
Full calculation: [nationalrail.co.uk/greener](https://nationalrail.co.uk/greener).

